

Macclesfield Wheelers 25 Mile Open Time Trial 2023
J/29 Course, Goostrey, Cheshire



Promoted for and on behalf of Cycling Time Trials and under their regulations
Saturday 29th April 2023
First rider off at 14.01pm

www.macclesfieldwheelers.org.uk

HQ: Chelford Village Hall, Knutsford Road, Chelford, Cheshire, SK11 9AS

Open at 12.45pm for registration and collection of race numbers.

There are toilet facilities, and tea, coffee and snacks will be available throughout the afternoon.

Parking will be an issue, please respect fellow riders and local residents

PLEASE DO NOT CHANGE IN THE CAR PARK!! A condition of booking Chelford Village Hall is to mandate any changing takes place in the hall itself as the hall is next to a children playground. **PLEASE RESPECT THIS REQUEST** or future hall bookings will not be possible.

If you are unable to ride, please contact the event secretary.

Event secretary: Mark Dixon

Address: Kittywards, Giantswood Lane, Congleton Cheshire CW12 2HH

Email: treasurer@macclesfieldwheelers.org.uk

Mobile: 07494407747

Timekeepers: Martin Jackson (start) and Celia Elliott (finish)

Marshals: Members and friends of Macclesfield Wheelers

Directions to J 2/9 start:

Turn left out of HQ onto Knutsford Road and take 3rd right at Chelford Island roundabout onto A535 Holmes Chapel Road. After approx. 2 miles take right hand fork onto Bomish lane, the start is just before the railway bridge. Total distance from HQ to start is 2.2 miles, please allow enough time.

J 2/9 Course:

Start on Bomish Lane (Badger Bank to Goostrey) at telegraph pole no2 approx 300 yards west of the A535. Proceed east to the A535, turn left onto the A535 to (2.169 miles) Chelford Island, take the second exit left on the A537 and proceed to (5.219 miles) Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to (11.408 miles).

Twemlow Lane at Cranage where turn left into Twemlow Lane and proceed to the junction with the A535 at Twemlow Green where turn left onto the A535 and proceed to (18.064 miles) Chelford Island, take the second exit left on the A537 and proceed to Ollerton Cross Roads, where turn left into Seven Sisters Lane and proceed to the T junction with the A50 where turn left onto the A50 and proceed to (25.000 miles) Finish at a J2/9 mark opposite the northern gate post of a field gate almost opposite the entrance to Mount Pleasant Nursing Home, approx 500 yards past the cross-roads after the Drovers Arms public house.

A map will also be available at HQ.

Please do not park at the start or finish, or in any part of the access area to Mound Pleasant Nursing Home.



Regulations:

Riders must exercise caution at all junctions. Any competitor who crosses the white line when approaching or leaving a junction will be liable to disqualification from the event and may be report to the District Committee for further disciplinary action.

No "U" turns in the vicinity of the start and finish. Observers will be watching.

Head up and observe local regulations at all times.

Pace must not be given or received and the onus is on the caught riders to adhere to this rule.

Road Bike Category Rules:

The road bike category has a consistent and simple set of rules nationwide:

- The road bike can possess drop or straight handlebars
- No tri-bars, clip-on bars or Spinacci bars are allowed
- No disc wheels
- Both front & rear wheels must have at least 12 spokes each
- The maximum rim depth allowed is 90mm

For more information you can download Rider-specific notes here: <https://cyclingtimetrials.org.uk/documents/index/riders> | 01. Road Bike Notes for Riders.

N.B. For the purposes of Regulation 14

For riders riding Road Bikes competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tribar position by resting the forearms on the handlebars

ALL RIDERS MUST SIGN THEIR OWN NUMBER BACK IN AT THE FINISH, OR WILL BE CONSIDERED DNF

This event may be subject to doping control.

Warnings:

1 Riders must not stop at the finish but should continue on to the event headquarters where times will be displayed.

2 Riders must negotiate Chelford Island in a safe and sensible manner in accordance with CTT Reg. 20 and the rules of the road. Riders must be able to brake and stop at the island if traffic conditions require this.

Riders MUST NOT approach and encircle the island using tri-bars.

Remember - traffic on the island has priority over traffic (including riders) entering it. Any rider seen to be in breach of this regulation will be disqualified from the event and may be reported for further disciplinary action.

3 Riders must take extra care when exiting from Seven Sisters Lane onto the A50

4 Riders must take extra care when riding down the dip on the A535 just before Terra Nova school. Road users coming out of Bridge Lane onto the A535 can struggle to judge the approaching speed and distance of riders.

5 Be aware that there is a double bend shortly after turning into Twemlow Lane at Cranage. Riders need to anticipate this and be prepared to negotiate it in a safe manner. In wet weather the metal covers and edges become a skid risk.



Prize List

(Winners must email the Event Secretary to claim prizes before 1st June 2022):

Mens Fastest Overall	1st £30.00	2nd £25.00	3rd £20.00	
Ladies Fastest Overall	1st £30.00	2nd £25.00	3rd £20.00	
Espoir Fastest Overall	1st £15.00			
Junior / Juvenile Fastest Overall	1st £15.00			
Vets Categories (fastest within age group)	40-49 £15.00	50-59 £15.00	60-69 £15.00	70-79 £15.00
Ladies Fastest Vet.	1st £15.00			
Fastest Team (3 riders combined time)	1st £25.00			
Fastest Macclesfield Wheeler "May White Trophy"	£20.00			
Fastest Macclesfield Wheeler Lady	£20.00			